

ABOUT THE PRO

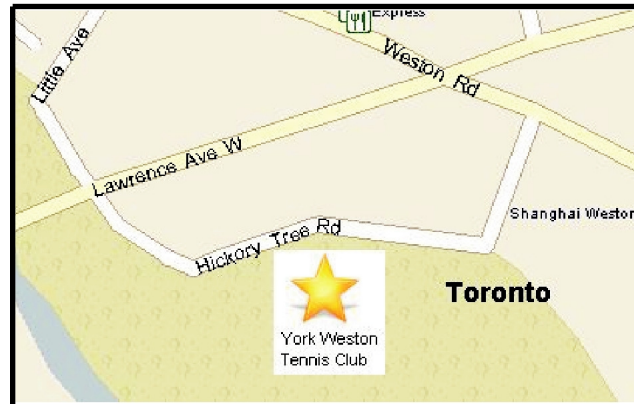
Sulley Dowuona
Head Teaching Professional



- **Head Pro at York Weston Tennis Club (2002-Present)**
- **Pro at Rosethorn Tennis Club (2011-)**
- **Assistant Pro at Eglinton Flats Winter Tennis Club**
- **Thompson Tennis School Collingwood**
- **Former satellite tour player**
- **Former Ghana National Player**
- **Certified by the Ontario Tennis Association and Tennis Canada**



Where is York Weston Tennis Club?



We are located near the intersection between Weston Rd and Lawrence Avenue, which is close to Highway 401 and Weston Road.

York Weston Tennis Club

2125 Lawrence Ave. West,
Toronto M9N 1H7
416-243-7068
416-243-7069

www.ywtc.ca



JUNIOR TENNIS

@

YORK WESTON TENNIS CLUB

**York
Weston**
TENNIS CLUB



Contact:

416-243-7068

416-837-7354

www.ywtc.ca

SPRING AFTER SCHOOL PROGRAM

This is a great program to turn children into future stars or just to introduce them into physical activity. Children are grouped according to their age and level to create a positive learning environment. The program runs from Monday to Friday to accommodate your busy schedule. Children will definitely be wanting more after these great 7 weeks of instruction!

Date: May 2- June 24 (8 Weeks)

Time: Monday to Friday 4 -6

Cost: \$160

16 total hours of instruction
(2 hours weekly)

How To Register?

Call Sulley @416-837-7354

SUMMER CAMPS

Enjoy the hot holiday weather on court with fun, week long, half day summer camps. While the main focus is tennis and agility training participants receive opportunities to enjoy other on and off-court activities. These camps are a great way to keep your children active in a fun and summer experience.

Time: Monday to Friday, 9am - 1:00pm
(20 hrs total)

Date: June 27 to Sept 30 Cost:
\$130/week + HST

CAMP DATES Date	Check
June 27 – July 1	
July 4 - July 8	
July 18 - 22	
July 25 - 29	
August 1 – September 2	

Tiny Tots

- For players aged 4 - 6
- Focus is on motor skill development and general athleticism.
- Introduce basic movement, stroke production and coordination skills
- 6:1 student to teacher ratio

Beginner

- Beginner level promotes a love of tennis and the desire to improve skills
- Focus on technical and tactical skills, movement court sense, rules and positioning
- 6:1 student to teacher ratio

Intermediate

- Basics of tactical play for singles and doubles
- Emphasize swing rhythm for forehand and backhand
- Introduce topspin
- Differentiate between volleys and ground strokes
- Focus on different serving styles as well as return of serve
- 4:1 student to teacher ratio

Advanced

- Competitive and pre-competitive level players
- Training includes aerobic, physical and mental conditioning, instructional drills and challenge matches of single/doubles
- Move beyond recreational to competitive level
- Expectation is to complement training with participation in local tournaments and leagues
- 4:1 student to teacher ratio

APPLICATION FORM

Student's Name: _____

Address: _____

City: _____

Phone Number: _____

Parent/Guardian Name: _____

Email Address: _____

Male or Female: _____

Age: _____

Level of Play: _____

Special Requirements

(i.e. Medical conditions, allergies)

Emergency Contact: _____

Tel: _____

Waiver and Release of Liability: Inconsideration of being permitted to participate in on and off court activities under the supervision of Sulley Dowuona, or a member of his staff, scheduled between May 1 - Sept. 30, and run and or operated by Sulley Duwuona (the releaser). I (the releaser) of... WAIVE, RELEASE, and DISCHARGE the release, his heirs, executors, administration, legal representatives, and assigns from all liability for or by reason of damage, loss or injury to person or property, even injury resulting in death of the releaser which been sustained in consequence of the relator's participation in the activity described above, and not withstanding that such damage, loss, or injury may have been caused solely or partly by the negligence of the releaser.

Signature (Parent/Guardian): _____

Date: _____